Theatre Checklists - Routine & Emergency

Tim Leeuwenburg FACRRM Kangaroo Island, South Australia



Sources

Australian Resuscitation Council - www.resus.org.au Difficult Airway Society UK - www.das.uk.com National Patient Safety Foundation - www.apsf.net.au

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Although not a fan of 'cookook medicine', there is no doubt that checklists can help eliminate simple errors or oversight in even the most experienced doctor - particularly when task-loaded in an emergency. These checklists and aide memoires have been compiled from a variety of sources and should be used in theatre both routinely and in an evolving crisis.



INTRODUCTION

PRINCIPLES OF CRISIS MANAGEMENT COVER ABCD A SWIFT CHECK SAFE SURGERY CHECKLIST

CONTENTS

Please notify any errors, omissions or suggestions for improvement.

Responsibility for drug doses remains with the prescriber. If in doubt, check.

No liability is accepted for errors in this compilation of checklists & algorithms

APPENDICES

FORMULARY
PSYCHIATRIC SEDATION
RETRIEVAL HANDOVER
ANAESTHESIA & AVIATION

EMERGENCY INDUCTION
HYPOXIA
AIRWAY PRESSURES
HYPO/HYPERCAPNIA
DIFFICULT AIRWAY

HYPOTENSION

MASSIVE BLOOD LOSS

MYOCARDIAL ISCHAEMIA

ARRHYTHMIAS & ARREST

NEURAXIAL BLOCKADE

CAESAREAN SECTION

GA & Spinal emLSCS

ANAPHYLAXIS

LOCAL ANAESTHETIC TOXICITY

TURP SYNDROME

MALIGNANT HYPERTHERMIA

PAEDIATRIC CARDIAC ARREST

NEONATAL RESUSCITATION

PAEDIATRIC CHEAT SHEET

KNOW, MODIFY and OPTIMISE THE ENVIRONMENT

establish protocols and procedures ensure room set up is conducive to crisis - layout, equipment etc how can things be improved (this includes equipment)

ANTICIPATE and PLAN FOR A CRISIS

patient - procedure - equipment - drugs - personnel - retrieval

- global plans
- specific plans

ENSURE LEADERSHIP and ROLE CLARITY

assign leader preferably not responsible for tasks ie: has an overview of the situation leader decides, prioritises and assigns tasks to team

COMMUNICATE EFFECTIVELY

leadership and followrship aided by clear communication eye contact, use names, clear instructions, ensure understanding and report back close the loop - upstream/downstream communication

CALL FOR HELP or SECOND OPINION EARLY

call for help early - even if not in a crisis second opinion may be reassurance enough or suggest alternatives avoid therapeutic inertia

ALLOCATE ATTENTION and USE AVAILABLE INFORMATION

fixation errors common beware attentional tunnelling / situational overload if you are stressed you are likely to be missing something

DISTRIBUTE WORKLOAD and USE AVAILABLE RESOURCES

maintain situational awareness delegate tasks, use external resources (telemedicine/retrieval) if all else fails, think laterally - improvise/adapt/overcome

PRINCIPLES OF CRISIS MANAGEMENT

	SCARE
C	Colour, Circulation, Capnography
0	Oxygen Supply & O2 Analyser
V	V entilation & V aporisers
E	ETT tube & Eliminate Machine
R	Review - Monitors & Equipment
A	A irway (face or laryngeal mask), meticulous attention to ETT
В	B reathing (SV/IPPV)
С	C irculation, IV, Blood loss, ECG
D	D rugs - consider all given & not given, check emergency drugs
A	Be A ware of A ir and A llergy
SWIFT	Check Patient, Surgeon,

Processes & Responses

CHECK

CHECK

SCAN

BP, HR, Rhythm, ETCO2

SpO2, Colour

FiO2, Rotameter,

O2 analyser matches FiO2

Ventilation - RR, TV

Vaporiser & Mix

ETT position & security

Able to Eliminate (bag)?

Review monitors, update

records, review equipment

Airway position, patent?

Distance in cm

Breathing pattern OK?

Circulation - trends, fluids

and blood loss

Drugs given & appropriate response?

Awareness - Patient

Asleep, Self OK?

Progress of Surgeon

and of Operation

Radial pulse, correlate, SPO2 dislodged?

Increase FiO2, watch MAC

Check circuit & vaporiser, ventilate by hand

Distance in cm? Kinked? Bag and O2 available?

Review monitors, review equipment - any changes?

Observe & palpate neck, ETT position, cuff

Observe, palpate & auscultate chest. ETCO2?

Cross check BP, IV, losses & response to Rx/surgery

Check drugs (error?) and patency IV line. Flushed?

Awareness, Air Embolism, Anaphylaxis, Air in Pleura?

Question surgeon, review old Notes

Allocate roles - IV access
Arrest trolley

ALERT/READY

FiO2 100% Maintain anaesthesia?

Self-inflating bag, turn off vaporiser (use propofol?)

Switch ETT or use LMA Eliminate circuit/machine

Emergency Equipment RETRIEVAL?

Aspiration, Laryngospasm Obstruction, ETT/LMA

Bronchospasm, Oedema, Hypoxia, Hypoventilatiion

Hypo/Hypertension Arrhythmia, Arrest Algorithm

Drug error? Antidote?
ANAPHYLAXIS?

Awareness, Air Embolism, Anaphylaxis, Air in Pleura?

Notify Surgeon & Mobilise Staff

LARGE BORE IVs, FLUIDS, DEFIB, DRUGS

EMERGENCY

HIGH FLOW OXYGEN AVOID AWARENESS

VENTILATE BY BAG

OR ALTERNATIVE

DELEGATE OPERATION
OF EQUIPMENT

AIRWAY PATENT & PROTECTED

ADDRESS HYPOXIA, HYPOVENTII ATION

CRYSTALLOID, BLOOD VASOPRESSORS, CPR

ATROPINE 10mcg/kg ADRENALINE 10mcg/kg

MAINTAIN SITUATIONAL AWARENESS

DEFINITIVE SURGERY OTHER CRISIS?

COVER ABCD - A Swift Check

BEFORE INDUCTION

Nurse & Anaesthetist

Has patient confirmed identity, site, surgery and consent? Yes □ Is the surgical site marked? Yes □ Not applicable Is the anaesthetic machine & medication check complete? Yes □ Are pulse oximeter, BP & ECG on the patient, functioning & acceptable? Yes □ Snapshot taken? □ Does the patient have a known allergy? No □ Yes □ Difficult airway or aspiration risk? No ☐ Yes & equipment/help available ☐ Risk > 500ml blood loss (7ml/kg children)? Yes & 2 IVs sited, blood available No □

BEFORE INCISION

Nurse, Surgeon & Anaesthetist

Confirm all team members name & role Yes □		
Confirm patient name & nature of surgery Yes Not applicable		
Confirm antibiotic prophylaxis given Yes □		
ANTICIPATED CRITICAL EVENTS To Surgeon		
What are critical or non-routine steps? ☐ How long will case take? ☐ Anticipated blood loss? ☐		
To Anaesthetist?		
Any patient-specific concerns? ☐ Eyes taped, pressure points protected? ☐		
To Nursing Team		
Has sterility been confirmed? ☐ Any equipment issues or any concerns? ☐		
Is appropriate imaging displayed? □		

BEFORE LEAVE OT

Nurse, Surgeon & Anaesthetist

Nurse verbally confirms: Name of the procedure Equipment, sponge & sharp counts correct Specimens labelled? Any equipment issues arising? To surgeon, anaesthetist & nurse What are the key concerns for this patient in recovery and ongoing management? Recovery staff Patient awake & adequate ventilation? Drug chart completed? Antibiotics and analgesia addressed? DVT thromboprophylaxis? Responsible Doctor identified & available? Responsible Doctor identified & available?	
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Drug chart completed? ☐ Antibiotics and analgesia addressed? ☐ DVT thromboprophylaxis? ☐	Recovery staff
Antibiotics and analgesia addressed?	Patient awake & adequate ventilation?
DVT thromboprophylaxis? □	Drug chart completed? □
	Antibiotics and analgesia addressed?
Responsible Doctor identified & available?	DVT thromboprophylaxis?
	Responsible Doctor identified & available?

SAFE SURGERY CHECKLIST

Prepare Patient

Prepare Equipment

Prepare Team

Anticipate Problems

Is position optimal?

- ear to sternum
- ramp if obese
- MILS for trauma

Is preoxygenation adequate?

Can this patient's condition be optimised any further prior to intubation?

- O2, Haemoglobin
- Cardiac contractility, rate
- Afterload, Preload
- PFFP
- IV access adequate & secure

How will anaesthesia be maintained post induction?

- vaporisers full & checked
- adequate IV medications
- pump sets available

Is patient monitoring applied, functioning and values acceptable?

- SpO2
- ECG
- BP
- ETCO2
- BIS

Is equipment checked and immediately available?

- self-inflating bag
- appropriate sized Guedel/NPO
- laryngoscope working & spare
- ET tube and alternatives
- Suction
- Bougie

Do you have all the necessary drugs, including vasopressors?

- Amnesic and/or Analgesic
- Induction agent
- Neuromuscular blockade

Delegate and brief team:

- team leader
- intubator
- assistant
- cricoid pressure
- MILS
- drug administration
- extra assistance required

How do we get further help if required?

- other theatre staff available?
- other doctors available?
- retrieval service notified?

LEMON Assessment

Look - beard, no neck, dentition Evaluate - thyromental > 6cm

Mallampati score : I - IV

Obstruction - stridor/burns

Neck Movement - collar/arthritis

If airway is difficult, can we wake this patient?

Yes □ No □

If intubation is difficult, how to maintain oxygenation?

Plan A - Intubate & Ventilate

Plan B - iLMA/VL/Fibreoptic

Plan C - Oxygenation with BMV

Plan D - CICO, Surgical Airway

Is the necessary equipment immediately available?

Are there any specific problems anticipated?

- awareness, aspiration
- profound desaturation
- hypotension, arrhythmias
- patient positioning/transfer
- other?

EMERGENCY INDUCTION

Oxygen supply

Anaesthetic machine

Anaesthetic circuit

Patient Airway

Check:

- Pressure gauges
- Flow meters
- FiO2
- Vaporizer housing

Check Ventilator:

- VT
- Rate
- Airway Pressures
- Mode

Check Circuit:

- connections
- one-way valves
- filter
- soda lime

Check Airway:

Exclude obstruction

- in native airway
- in filter
- in airway devices

Exclude secretions/plugging - pass suction catheter beyond end of ETT

Ventilation of patient

Patient Lungs

Patient Circulation

Patient Tissues

Ensure adequate ventilation:

- exclude bronchial intubation
- look/listen for bilateral AE
- assess adequacy of MV
- exclude bronchospasm
- recheck airway pressures
- exclude pneumothorax

Consider Gas Exchange:

- aspiration
- pulmonary oedema
- consolidation
- atelectasis

Consider Embolism

- of thrombus, air or fat

Circulation

- low cardiac output

Anaemia

- reduced O2 carriage
- high O2 extraction
- decreased mixed venous PO2

Tissue Uptake of O2

Increased metabolism

- fever
- thyroid crisis
- etc



INCREASED ETCO2

DECREASED ETCO2

Inhaled / Exogeneous CO2

Inhaled

Check capnograph for return to baseline

Exogeneous
Laparoscopic CO2 insufflation
NaHCO3 administration
Inspired CO2 (soda lime exhausted)
Incompetent valves
Re-breathing

Hypoventilation

Respiratory depression
Increased mechanical load on lungs
(decreased compliance, increased resistance in system)
Inadequate IPPV - check TV/RR/PEEP
Increased dead space - anatomical/physiological

Increased Production of CO2

Fever
Parenteral nutrition
Malignant hyperthermia

Airway

Consider oesophageal intubation, accidental extubation

Circuit

Air entrainment (leak),
Dilution with circuit gases (sampling problem)

Ventilator

Ventilator settings, Overenthusiastic bagging

Gas Exchange Problem

Pulmonary embolism, Cardiac failure/arrest, Severe hypotension

Decreased Production

Hypothermia Hypothyroidism Decreased metabolism

Gas supply

Anaesthetic circuit

Patient airway

Patient lungs

Check Gas Supply:

- check O2 bypass
- ensure O2 flush not jammed
- eliminate other high pressure source

Check Circuit:

- bag / ventilator switch?
- obstruction to expiration in circuit/ventilator/scavenger system?
- PEEP valve & settings?
- exclude circuit & machine by ventilating with bag

Exclude Obstruction:

- filter
- airway
- ETT
- secretions / foreign body

Bilateral chest expansion?

Endobronchial intubation, PTX

Breath sounds?

Bronchospasm, atelectasis, aspiration, pulmonary oedema, endobronchial intubation

Patient pleural space

Patient chest wall

Surgical procedure

Consider and exclude:

- pneumothorax
- haemothorax

14G needle (2nd ICS MCL)

Finger or tube thoracostomy (ant axillary line 5th ICS)

Exclude inadequate chest wall relaxation

- inadequate muscle relaxation
- opioid-induced rigidity
- malignant hyperthermia
- obesity

Raised intrathoracic pressure

- surgical intervention
- insufflation
- patient position
- assistant leaning on chest!

HIGH AIRWAY PRESSURES

Difficulty ventilating patient

decreased compliance in bag poor chest expansion reduced tidal volume high airway pressure alarm

Hypoxia

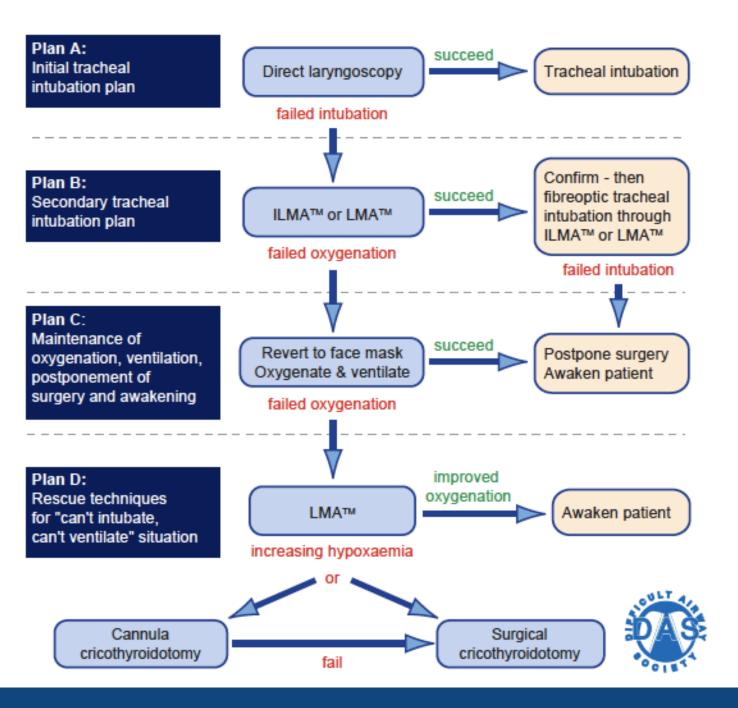
(due to hypoventilation)

Circulatory collapse

(high intrathoracic pressure)

Tachycardia

HIGH AIRWAY PRESSURES



MAXIMUM THREE ATTEMPTS

CHANGE POSITION - BLADE - OPERATOR USE BOUGIE - CONSIDER STYLET - VL

SECONDARY INTUBATION PLAN

FastTrach iLMA
KingVision Videolaryngoscope
Ambu Ascope through dedicated iLMA

BAG MASK VENTILATION WAKE THE PATIENT

RESCUE TECHNIQUES

Declare a CICO Emergency

Continue to use LMA to attempt oxygenation

Identify cricothyroid membrane Needle or Scalpel-Bougie-ETT Technique

Consider Frova (oxygenating bougie)

DIFFICULT AIRWAY - OVERVIEW

during routine induction of anaesthesia in an adult patient Unanticipated difficult tracheal intubation-

laryngoscopy



problems





Plan A: Initial tracheal intubation plan

by laryngoscopist Direct laryngoscopy - check: and/or Alternative laryngoscope seek clicks or hold-up If poor view: Introducer (bougie) Vocal cords open and immobile External laryngeal manipulation -Neck flexion and head extension _aryngoscope technique and vector

> than 4 attempts, maintaining: Not more

(1) oxygenation with face mask and (2) anaesthesia

Tracheal intubation

- Verify tracheal intubation
- Visual, if possible
- (2) Capnograph
- "If in doubt, take it out" (3) Oesophageal detecto

Plan B: Secondary tracheal intubation plan

failed intubation

Oxygenate and ventilate Not more than 2 insertions ILMATM or LMATM

SpO₂ < 90% with FiO₂ via ILMA™ or LMA™ failed oxygenation

Plan C: Maintenance of oxygenation, ven

postponement of surgery and awakening

through IMLATM or LMATM - 1 attempt relaxation - then fibreoptic tracheal intubation anaesthesia, CVS stability and muscle Confirm: ventilation, oxygenation RAE or microlaryngeal tube If LMATM. Verify intubation and proceed with surgery consider long flexometallic,nasal

failed intubation via ILMA™ or LMA™

Reverse non-depolarising relaxant Oxygenate and ventilate Revert to face mask with oral ± nasal airway) or 2 person mask technique

> Postpone surgery Awaken patient

failed ventilation and oxygenation



"can't intubate, can't ventilate" situation Plan D: Rescue techniques for

Unanticipated difficult tracheal intubation - during rapid sequence induction of anaestheia in non-obstetric adult patient



Plan A: Initial tracheal intubation plan

Pre-oxygenate

Cricoid force: 10N awake 30N anaesthetised

Direct laryngoscopy - check:

Neck flexion and head extension Laryngoscopy technique and vector

External laryngeal manipulation

by laryngoscopist

Vocal cords open and immobile

If poor view:

Reduce cricoid force

and/or Alternative laryngoscope Introducer (bougie) - seek clicks or hold-up

Tracheal intubation

Not more than 3 attempts, maintaining:

face mask (2) cricold pressure and oxygenation with

Visual, if possible Verify tracheal intubation

RSI

- (2) Capnograph
- (3) Oesophageal detector "If in doubt, take it out"

(3) anaesthesia

failed intubation

oxygenation, ventilation, surgery and awakening ostponement of Maintenance of



Plan B not appropriate for this scenario

face mask, oxygenate and ventilate

1 or 2 person mask technique (with oral ± nasal airway)

ventilation difficult Consider reducing cricoid force =;

(e.g. SpO₂ < 90% with failed oxygenation FiO₂ 1.0) via face mask

Reduce cricoid force during insertion

Oxygenate and

ventilate

Postpone surgery

or continue anaesthesia with and awaken patient if possible life-threatening if condition immediately LMATM or ProSeal LMATM

failed ventilation and oxygenation

"can't intubate, can't ventilate" situation Plan D: Rescue techniques for



Difficult Airway Society Guidelines Flow chart 2004 (use with DAS guidelines paper)

DIFFICULT AIRWAY - FAILED

DIFFICULT AIRWAY - CICV / CICO

anaesthetised patient. Rescue techniques for the "can't intubate, can't ventilate" situation Failed intubation, increasing hypoxaemia and difficult ventilation in the paralysed

failed intubation and difficult ventilation (other than laryngospasm)

Face mask

Oral ± 6mm nasal airway Assistance with mask sea Maximum jaw thrust Maximum head extension Oxygenate and Ventilate patient

failed oxygenation with face mask (e.g. SpO2 < 90% with FiO2 1.0)

Reduce cricoid force - if nece



Reduce any cricoid force during insertion Maximum 2 attempts at insertion LMATM Oxygenate and ventilate patient



awaken patient oxygenation and and stable: Maintain Oxygenation satisfactory

can't intubate, can't ventilate" situation with increasing hypoxaemia

"can't intubate, can't ventilate" situation Plan D: Rescue techniques for



Cannula cricothyroidotomy

Equipment: Kink-resistant cannula, e.g Patil (Cook) or Ravussin (VBM)

High-pressure ventilation system, e.g. Manujet III (VBM)

Technique:

- Insert cannula through cricothyroid membrane
- Maintain position of cannula -
- Confirm tracheal position by air aspiration -
- 20ml syringe Attach ventilation system to cannula
- Commence cautious ventilation Confirm ventilation of lungs, and exhalation
- If ventilation fails, or surgical emphysema or any to surgical cricothyroidotomy other complication develops - convert immediately

Surgical cricothyroidotomy

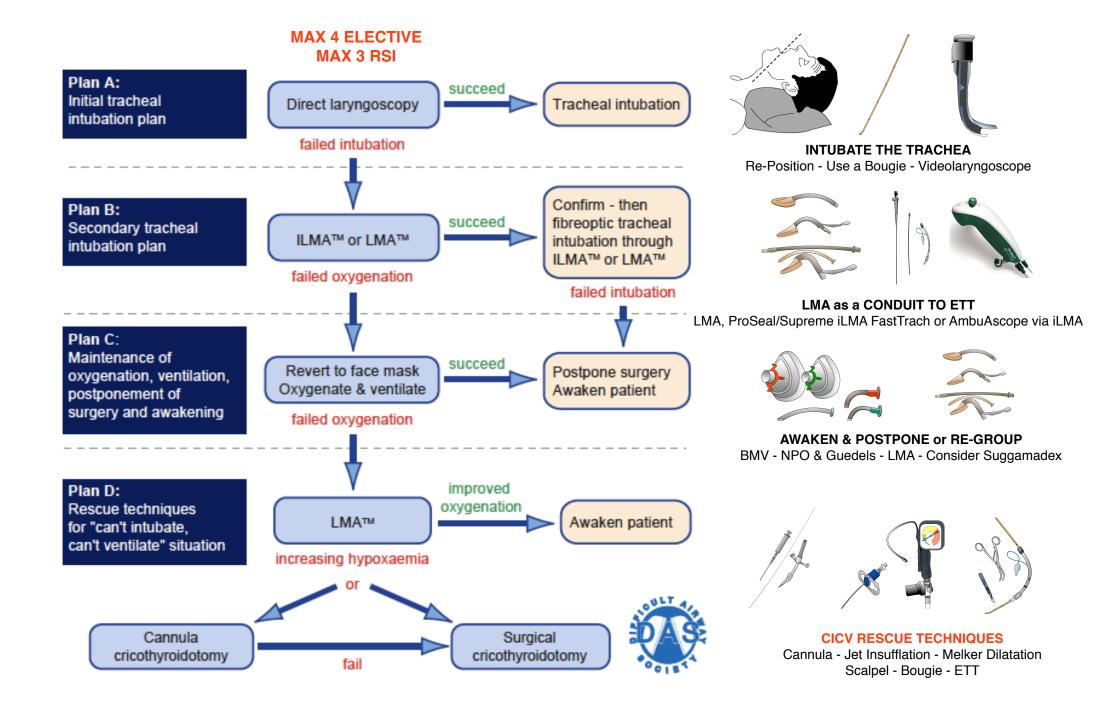
or tracheostomy tube Small (e.g. 6 or 7 mm) cuffed tracheal Equipment: Scalpel - short and rounded 20 or Minitrach scalpel)

- 4-step Technique:
- Identify cricothyroid membrane
- Stab incision through skin and membrane Enlarge incision with blunt dissection scalpel handle, forceps or dilator)
- Caudal traction on cricoid cartilage with tracheal hook
- Verify tube position and pulmonary ventilation Ventilate with low-pressure source Insert tube and inflate cuff

- Notes:

 1. These techniques can have serious complications use only in life-threatening situations
- Convert to definitive airway as soon as possible
- Postoperative management see other difficult airway guidelines and flow-charts
- 4mm cannula with low-pressure ventilation may be successful in patient breathing spontaneously





DIFFICULT AIRWAY - KIT

PLAN A TRACHEAL INTUBATION PLAN

max 3 attempts RSI max 4 attempts ELECTIVE

Re-Position - Use a Bougie - Videolaryngoscope



Ramp - Ear to Sternum
Bougie - Aintree Catheter - Frova Oxygenating Bougie
Change Blade Size
Consider Straight Blade / McCoy / Kessel
AirTraq - KingVision VL

PLAN B SECONDARY INTUBATION PLAN

not in RSI maintain oxygenation & ventilation

ETT via iLMA blind or fibreoptic



Use LMA - ProSeal or Supreme FastTrach iLMA Ambu Ascope2 via iLMA

PLAN C AWAKEN

re-group postpone surgery

two handed BMV - Adjuncts - LMA



Bag Mask Ventilate
Guedels - Nasopharyngeal Airway
LMA inc iGel

Suggamadex at 4-8mg/kg

PLAN D CICO/CICV

needle or surgical airway



Consider USS to locate and mark cricothyroid membrane

14 G jelco and O2 connection with 3-way tap

Manu-Jet

Size 22 scalpel - Bougie - size 6.0 ETT

DIFFICULT AIRWAY - KIT CHECKLIST

B Buy time Sit up, use non-rebreather, increase FiO2, NIV, PEEP (BMV or vent)

Indication Do we really need to intubate? Can it wait?

Options: wait for help - videolaryngoscopy - iLMA or Proseal - awake intubation

G Get help Extra hands. Talk to retrieval.

Ramp Use pillows, ear to sternum, flat on top - RAMP RAMP!

A Apnoeic O2 Oxygenation via nasal specs at 10-15 l/min during RSI

M Minimal drugs Nebulise lignocaine & spray the cords!

Ketamine/Propofol (100mg each in 20ml syringe)

P Preoxygenate With NIV for 3-5 mins max

P Paralysis Only if needed. Sux 1mg/kg or Roc 1.2mg/kg

P Plan for failure Plan B - Plan C - Plan D (CICV)

P Post intubation NGT, IDC, IV, sedation/paralysis

paperwork for transfer



OBESE INTUBATION - BIG RAMP PPP

VENTILATOR ASSISTED BMV

SIMV MODE - PEEP 10 - PS 5-10 above PEEP TV 5-7ml/kg ideal body weight - RR12 - FIO2 100% - Flow 15-30 l/min - ETCO2 in line

RSI

IV induction agent & paralysis

position once obtunded

connect vent to mask (settings as above)

cricoid, two handed mask seal

ETT once OXYGENATION OPTIMAL

REMEMBER CLIFF REID'S PROPOFOL ASSASSINS!

The pretty white stuff drops SV and SVR without incr. in heart rate

Drop in BP can add to cerebral hypoperfusion - BAD BAD BAD

Consider KETAMINE 1.5 - 2 mg/kg or FENTANYL 100-200 mcg

RSA

IV induction agent & paralysis

position once obtunded

connect vent to mask (settings as above)

cricoid, two handed mask seal

SGA once PARALYSED

decompress stomach via SGA

optimise oxygenation

consider iLMA as conduit for ETT

else remove LMA and place ETT

CRICOID

DSI

ketamine induction 1.5 - 2.0 mg/kg

position once obtunded

patient should remain spont vent

connect vent to mask (settings as above)

two handed seal, cricoid

allow vent to deliver assisted breaths

ETT once OXYGENATION OPTIMAL

ETT - size above/below

KingVision Videolaryngoscope

iLMA - FastTrach

AirQ and scope (AmbuAscope or Levitan)

SICK COMBATIVE RSI - RSA - DSI

STEP ONE

Continuous nebulised salbutamol Nebulised ipratropium bromide Methylprednisolone 125mg (1.5 mg/kg) IV MgSO4 2g (50mg/kg max 2g) IV

DOSES

Use O2 for nebs, not room air 500mcg 20min x 3 then hourly Alternative DXM 20mg IM or IV Give MgSO4 over 20 mins

IF NO IMPROVEMENT

STEP TWO

Adrenaline 0.5mg IM (0.01mg/kg) = 0.5ml 1:1000 Fluid bolus 20 ml/kg CXR, ECG, VBG, Electrolytes, FBC

IF NO IMPROVEMENT - ABLE TO TOLERATE NIV?

NO YES

AGITATED PATIENT

ketamine 1.5 mg/kg IV over 30 secs then 1 mg/kg/hr titrate to effect

if no IV, 5mg/kg IM

IF WORSENING

NIPPV iPAP PS 8cm H2O ePAP PEEP 3 cm H2O

continue nebuliser through NIPPV

COOPERATIVE PATIENT

NIPPV iPAP PS 8cm H2O ePAP PEEP 3 cm H2O

continue nebuliser through NIPPV

IF WORSENING

ketamine 1.5 mg/kg IV over 30 secs then 1 mg/kg/hr titrate to effect

if no IV, 5mg/kg IM

Consider the differential

heart failure, ACS, arrhythmia pulmonary embolism PTX, pericaridal tamponade, obstruction, foreign body anaphlyaxis

AVOID INTUBATION IF POSSIBLE

IF YOU HAVE TO INTUBATE

Indications - fatigue, resp distress, deterioration, arrest

Maximise preoxygenation
Optimise first pass success
Largest ETT possible
Beware breath stacking

Ketamine 2mg/kg IV Rocuronium 1.2 mg/kg or Sux 2mg/kg IV

Assist control / Volume control RR 8 TV 5-7 ml/kg IBW PEEP 2cm H2O IE 1:5 FiO2 100%

permissive hypercarbia
Ext chest compression
Pplat < 30cm H2O
Aggressive suctioning, check K

LIFE THREATENING ASTHMA

Hypertension

Pre-existing hypertension

- treated or untreated?
- medication taken?

Sympathetic reflex response

- light anaesthesia? Exclude vaporizer leak, IV disconnected
- hypoxia
- hypercarbia
- check SpO2, ETCO2
- cerebral event?
- raised ICP?
- ischaemia?
- vasospasm?

Sympathomimetic effect?

Exogeneous *ie : administration of vasopressor* Endogeneous *eg: phaeochromocytoma*

Surgical

- aortic clamp
- tourniquet
- position eg: Trendelenburg
- stimulus

Hypotension

Hypovolaemia

- blood loss
- fluid deficit

Cardiogenic

- contractility, rate, dysrhythmia
- anaesthetic agent
- vasodilators

Distributive (vasodilation)

- drugs
- sympathetic block
- sepsis
- anaphylaxis

Obstructive

- high intrathoracic pressures
- tamponade (cardiac, bilateral tPTX)
- pulmonary embolus
- AORTOCAVAL COMPRESSION @ 18/40 weeks onwards

Control Bleeding

Minimise time to Surgery

Use tourniquets to control peripheral

Tamponade bleeding eg: pelvic binder, direct pressure, sutures

Uterine massage, oxytocin, misoprostol, haemabate

Consider Massive Transfusion Protocol (MTP)

ABC Score
Anticipate needs, if > 4 units/2hrs

Mobilise Resources

Lab staff, Porters, Nursing, Theatre Staff Retrieval Service & Blood Bank

Empirical Treatment

Transfuse at a 1:1 ratio of PRCs: FFP
Permissive hypotension MAP 65-70 mmHg
(unless TBI/spinal injury/exsanguination)
Send FBE, X-Match, Venous Gas, Calcium, Coags
Arterial line, consider Calcium (citrate toxicity)
WARM FLUIDS/WARM THEATRE

ABC SCORE

penetrating injury
positive FAST exam
HR > 120/min
systolic BP < 90mmHg
[no lab results - purely clinical]

0/4 = 1% risk of MTP 1/4 = 10% risk of MTP 2/4 = 41% risk of MTP 3/4 = 48% risk of MTP 4/4 = 100% risk of MTP [Activate MTP if 3 + criteria met]



IV ACCESS - LARGE BORE IV x 2 (14G)
CONSIDER USE OF RAPID INFUSER KIT (7Fr)

CONSIDER USE OF INTEROSSEOUS DEVICE CONSIDER VENOUS CUTDOWN

TRANEXAMIC ACID - give 1g stat in first 3 hrs for TRAUMA

WARM FLUIDS - level I infuser/water bath

CRYSTALLOID - 250ml boluses titrate to MAP/radial pulse

AIM FOR

t > 35, pH > 7.2, Lactate < 4, BE < -6 Ca > 1.1, Plt > 50, INR < 1.5 Fibrinogen > 1

MASSIVE BLOOD LOSS

AT RISK

Ischaemic heart disease
Hypertension
Fluid losses
Diabetes
Smoker, Lipids, FHx etc.

MITIGATION

Perioperative Beta-blockade

Hb > 10g/dL

Oxygenation

BP in 3 digits, HR 2 digits, BGL digit

Regional Anaesthesia

SHOULD THIS ANAESTHETIC BE GIVEN IN THIS LOCATION?

SYMPTOMS & SIGNS

May be none in anaesthetised patient

HIGH INDEX OF SUSPICION WATCH FOR ECG CHANGES (lead II)

Caution in Pre- & Post-operative periods

TAKE A SNAPSHOT BEFORE START

Lead position "white is right; smoke (black) above fire (red)" on the L side

OH CRAP!

Oxygen, Haemoglobin Contractility, Rate Afterload, Preload

MANAGEMENT

Are SpO2, BP, HR, Hb, PEEP optimised? □

Changes verified with ECG? □

Surgeon aware of problem?

Defibrillator & Pacing available ?

RATE CONTROL (box) addressed?

BLOOD PRESSURE (box) addressed? □

CARDIOLOGIST CONSULTED? □

Specific therapy agreed - ASPIRIN, HEPARIN, NITRATES etc □

Plan for Extubation & Recovery? □

Lead II is best for detecting arrhythmias. CM5 detects 89% of ST-segment ischaemic changes (right arm electrode on manubrium, left arm electrode on V5 and indifferent lead on left shoulder).

RATE CONTROL

Exclude hypovolaemia, awareness, CO2 as cause of tachycardia

NEXT

BETA-BLOCKADE (aim for HR < 60)

Esmolol - 0.25-0.5 mg.kg bolus 25-300 mg/kg/min infusion

Metoprolol - 1-15 mg titrated over 15 mins

If beta-blockade contra-indicated use verapamil - 2.5 mg - repeat if needed

FILLING

Optimise filling, consider need for PEEP

CAUTION USE OF VASOPRESSORS

For hypertension, consider GTN - sublingual (0.3-0.9 mg) IVI(0.25 - 4 mgm/kg/min - titrate to effect)

Clonidine (30 mg every 5 minutes up to 300 mg)

RECOVERY

Plan Plan for Extubation & Recovery? □

CARDIOLOGY ADVICE? 13STAR □

MYOCARDIAL ISCHAEMIA

BRADYCARDIA

Medications
Electrolyte disturbance
Hypoxia
Ischaemia

Give OXYGEN - exclude HYPOXIA

First line is Atropine (1.2mg vial) - 300-500mcg bolus to total 3mg

TACHYCARDIA

Wide-complex tachycardias

Narrow-complex tachycardias

Atrial fibrillation

Atropine 10-20 mcg/kg kids (300-600 mcg bolus adults) IV

Metaraminol 0.5mg bolus IV (10mg in 20ml, 1ml = 0.5mg)

Ephedrine 3-6mg bolus IV

Esmolol 500micrograms/kg IV

100mg/ml dilute in 10ml = 10mg/ml

70kg=35mg=3.5ml, 100kg=50mg=5ml

Adrenaline Bolus (1mg/ml 1/1000 - 1mg/10ml 1/10,000)

50-100mcg bolus IV titrated to effect Infusion 3mg in 50ml (60mcg/ml) run 5ml/hr to effect

Isoprenaline (1mg in 50ml 5% Dex or 1mg/500ml

Give 20mcg (1ml) then infuse at 1-4mcg/min (3-12 ml/hr) or 30-120ml/hr if using 500ml bag

Transcutaneous Pacing

Pads AP over L sternum & L spine Start at 60mA, increase to 10% over capture, rate 80bpm Don't forget sedation!

	Wide	Narrow	A/Fib
1st	Amiodarone	Adenosine	Esmolol Amiodarone
2nd	Lignocaine	Amiodarone Esmolol Digoxin	Diltiazem Amiodarone Digoxin

Amiodarone 300mg load then 0.5mg/kg/hr IV

Adenosine 6mg/12mg/18mg bolus IV, fast running drip

Diltiazem 0.25mg/kg IV

Digoxin 250 to 500 mcg IV

Metoprolol 2.5-5 mg bolus IV

DC shock - SYNC MODE - 100J

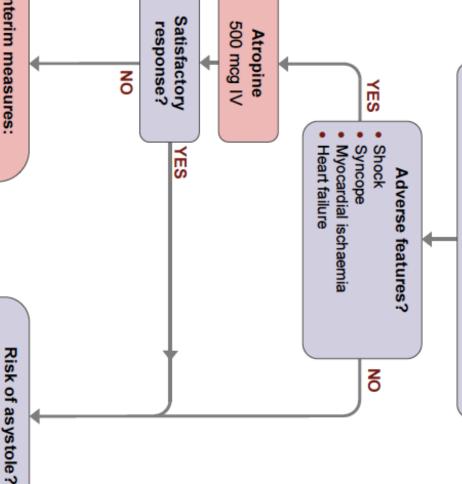
CARDIAC ARRHYTHMIAS



Adult bradycardia algorithm

- Monitor ECG, BP, SpO₂, record 12-lead ECG Give oxygen if appropriate and obtain IV access Assess using the ABCDE approach
- Identify and treat reversible causes





Interim measures:

- Atropine 500 mcg IV repeat to maximum of 3 mg
- Isoprenaline 5 mcg min⁻¹ IV

YES

Recent asystole

Complete heart block Mobitz II AV block

with broad QRS

Ventricular pause > 3 s

o

- Adrenaline 2-10 mcg min⁻¹ IV
- Alternative drugs *

Transcutaneous pacing Seek expert help

Arrange transvenous pacing

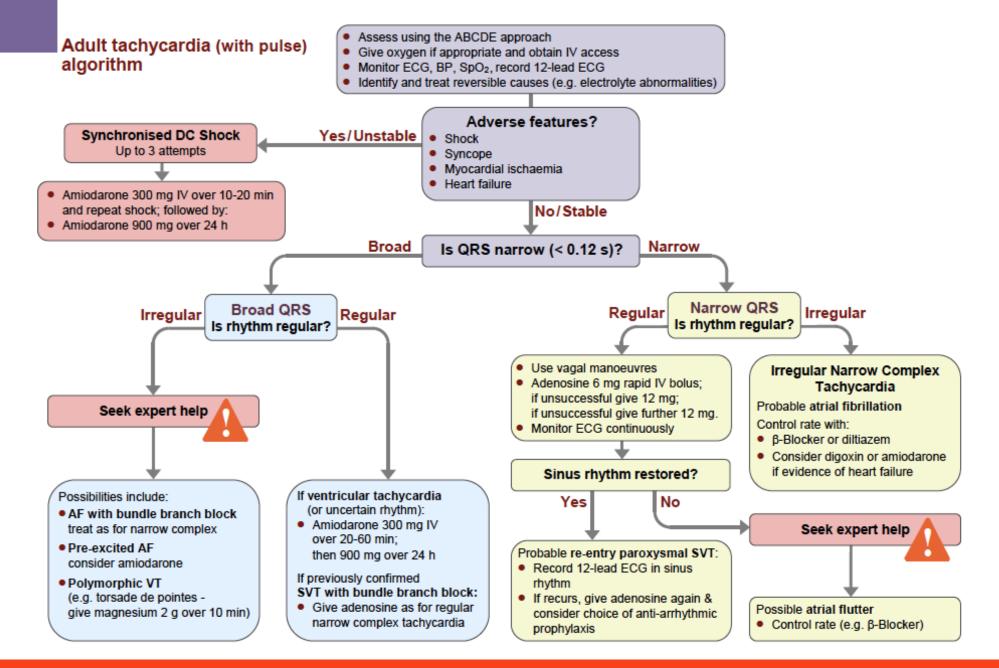
Observe

* Alternatives include:

- Aminophylline
- Dopamine
- Glucagon (if beta-blocker or calcium channel blocker overdose)
- Glycopyrrolate can be used instead of atropine

CIRCULATION - BRADYCARDIA



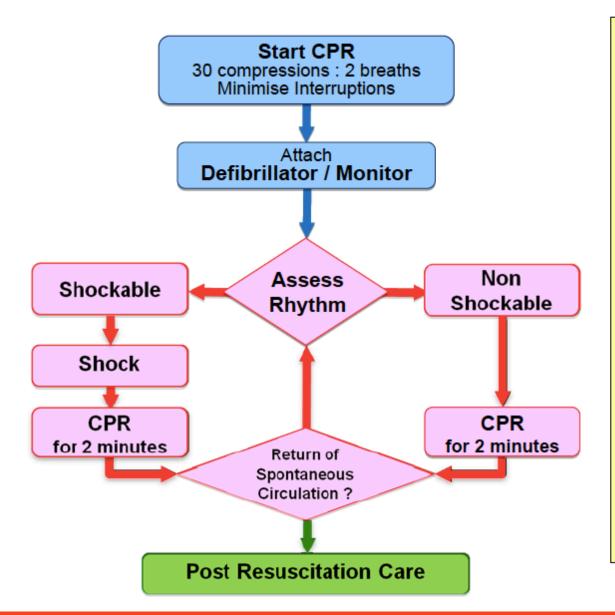


CIRCULATION - TACHYCARDIA



Advanced Life Support for Adults





During CPR

Airway adjuncts (LMA / ETT)

Oxygen

Waveform capnography

IV / IO access

Plan actions before interrupting compressions

(e.g. charge manual defibrillator)

Drugs

Shockable

- * Adrenaline 1 mg after 2nd shock (then every 2nd loop)
- * Amiodarone 300 mg after 3rd shock

Non Shockable

* Adrenaline 1 mg immediately (then every 2nd loop)

Consider and Correct

Hypoxia

Hypovolaemia

Hyper / hypokalaemia / metabolic disorders

Hypothermia / hyperthermia

Tension pneumothorax

Tamponade

Toxins

Thrombosis (pulmonary / coronary)

Post Resuscitation Care

Re-evaluate ABCDE

12 lead ECG

Treat precipitating causes

Re-evaluate oxygenation and ventilation

Temperature control (cool)

December 2010

PRESENTATION

Wide range of possible presentations

Most common include:

cardiovascular collapse / hypotension (88%)
erythema (48%)
bronchospasm (40%)
angioedema (24%)
cutaneous rash (13%)
urticaria (8%)

IMMEDIATE MANAGEMENT

STOP TRIGGERS

colloids/latex/antibiotic/blood/NMB

MAINTAIN ANAESTHESIA
with INHALATIONAL AGENT if possible

Call for HELP, note TIME, give 100% OXYGEN, give FLUIDS

ADRENALINE 50-100mcg IV

(0.5ml-1ml of 1/10,000) titrate to response

or **0.5mg IM** (thigh) if no IV access

ANTIHISTAMINE, HYDROCORTISONE 200mg 6/24

SALBUTAMOL 250 mcg IV or 2.5-5mg nebuliser into circuit

EXCLUSIONS

Anaesthetic circuit obstruction filter, kinked ETT, cuff herniation, tube migration

Disconnect circuit and ventilate directly with self-inflating bag

if pressure still high, problem is in airway/ETT

Foreign body in the airway?
Air embolism?
Tension PTX?
Severe bronchospasm?

RISK FACTORS

History of previous exposure not reliable to exclude.

Worse in asthma, beta-blockade, hypovolaemia, neuraxial blockade (reduced endogeneous catecholamine)

INVESTIGATIONS

Draw blood for mast-cell released tryptase at 0, 1hr, 24hrs
Store at - 20 degrees C
Refer to regional allergy centre

REMEMBER - ADRENALINE CONCENTRATIONS

1 ml of 1/1000 = 1 mg10 ml of 1/10,000 = 1 mg

ANAPHYLAXIS

PRESENTATION

Excess absorption of fluid during TURP

EARLY MANIFESTATIONS

CVS bradycardia, hypertension

GI nausea & vomiting, abdominal distension

CNS anxiety/confusion, headache, dizziness, slow waking GA

LATE MANIFESTATIONS

CVS hypotension, angina, cardiac failure

RESP dyspnoea, tachypnoea, cyanosis

CNS twitching, visual changes, seizures, coma

GU renal tubular acidosis, reduced urine output

EXCLUSIONS

Congestive cardiac failure

All other causes of confusion

RISK FACTORS

Absorption 1-2 litres fluid per 40 mins operating
Large prostate
Prolonged operation > 60 mins
Hypotonic fluids given IV
Volume of irrigation > 30 litres
Inexperienced surgeon
Height of irrigation > 60cm above patient
Comorbidities - liver disease, renal stones, UTI

Immediate Management

High index of suspicion

ABC - 100% Oxygen

Stop irrigation fluid infusion, catheterise

Check Na and Hb regularly & correct them

Frusemide 40mg IV

TURP SYNDROME

LA CONCENTRATIONS

0.5% = 5mg/ml

1% = 10 mg/ml2% = 20 mg/ml

TOXICITY

Initially CNS agitation, peri-oral tingling, seizures then CNS depression, coma, myocardial depression

DRUG	ONSET (minutes)	DURATION (hrs)	TOXIC DOSE mg/kg
Amethocaine	2 mins	1 hr	1.5
Prilocaine	5-10 mins	1-2 hrs	6
Bupivacaine plain	10-15 mins	3-12 hrs	2
Bupivacaine with Adrenaline	10-15 mins	4-12 hrs	2
Ropivacaine	10-15 mins	3-12 hrs	3.5
Lignocaine plain	5-10 mins	1-2 hrs	3
Lignocaine with Adrenaline	5-10 mins	3-4 hrs	7

IMMEDIATE MANAGEMENT

DISCONTINUE INJECTION - HIGH FLOW OXYGEN - INTUBATE AND VENTILATE IF NOT ALREADY DONE MIDAZOLAM 3-10mg for SEIZURES CARDIOPULMONARY RESUSCITATION INTRALIPID 20% 1.5ml/kg over one minute (100ml for 70kg) then infuse at 0.25ml/kg/min

LOCAL ANAESTHETIC TOXICITY

PRESENTATION

masseter spasm
tachypnoea in spontaneous breathing patient
rise in ETCO2 in ventilated patient
unexplained tachycardia, progressing to hypoxaemia
raised temperature
arrhythmias

EXCLUSIONS

Inadequate anaesthesia / analgesia

Infection / Sepsis

Tourniquet Ischaemia

Anaphylaxis (exclude hypotension)

Phaeochromocytoma or Thyroid Storm

Immediate Management

DISCONTINUE VOLATILES
and give
100% OXYGEN VIA HIGH FLOW

CALL FOR HELP - MH BOX

ALLOCATE TASK CARDS

MAINTAIN ANAESTHESIA with PROPOFOL and OPIOID

EXPEDITE SURGERY

DANTROLENE 2.5mg/kg IV until hypermetabolism resolved

COOLING - AXILLA / GROIN / NECK

COLD FLUSH NGT and IDC

RISK FACTORS

Family history

Death under anaesthesia in family

Volatiles and Suxamethonium

INVESTIGATIONS

ABG, U&Es, CK, FBC, Clotting
Muscle biopsy

MOBILISE RESOURCES

Surgeon - Theatre Staff - Ward Staff - ICU will be needed

MALIGNANT HYPERTHERMIA

SPINAL ANAESTHETIC

Tuffier's line intersects spinous process L4-5 Cord ends L2

Prep/Drape/Gown/Gloves/Hat/Mask LA infiltrate

Midline until CSF Inject LA with Opiate, Barbotage

LSCS T4-6 ~2.5ml 0.5% bupivacaine + 25mcg fentanyl

TURP T8-10
~3.2ml 0.5% bupivacaine with opiate
100-200mcg morphine or 15-25mcg fentanyl

FLUID BOLUS
METARAMINOL or EPHEDRINE BOLUSES

EPIDURAL ANAESTHETIC

Explanation and consent Prep/Drape/Gown/Gloves/Hat/Mask

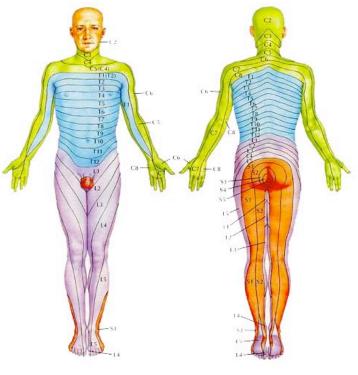
2% xylocaine with 1/200,000 adrenaline for both local infiltrate to skin & initial test dose

Note depth of LORTS or LORTA Thread catheter 3-5cm further Aspirate (CSF or blood?)

Test dose 3ml 2% xylo 1/200,000 adrenaline

If no block, proceed with premix 20ml 0.125% bupivacaine/200mcg fentanyl

If inadvertent spinal either reinsert or thread catheter & top up with spinal dose 3ml of 2% xylo 1/200,000 adrenaline **ONLY by SELF**



LSCS to T4-6 TURP to T8-10

BROMAGE SCORE

Grade	Criteria	Block
I	Free movement legs/feet	0%
II	Flex knees, move feet	33%
III	Can't flex knees, move feet	66%
IV	Can't move legs or feet	100%

ANTICOAGULANTS

Aspirin/NSAIDS no contraindication

Clopidogrel cease 7 days before

Heparin > 6hrs between insertion/removal Clexane > 12 hrs between insertion/removal

Warfarin INR < 1.5

COMPLICATIONS

Hypotension - Itching - Backache 1/10
Failure 1/25
Headache 1/100
Transient nerve damage 1/2000
Cardiac arrest 1/3000
Unexpected high spinal 1/5000
Permanent nerve damage 1/60,000
Spinal abscess 1/100,000

NEURAXIAL BLOCKADE

DO I NEED BLOOD?

Position of placenta
Previous LSCS/scarring
Multigravid
Multiparous
Gestational DM
Sepsis
Traumatic delivery
Prolonged labour

RECORD KEEPING

Positioning

Time called
Time arrived
Time anaesthesia initiated
Time of KTS
Time of delivery
Time of drugs

Specify risks/consent GGHM Prep/Drape LA/Strict asepsis

Document if offered conversion to GA and if this was declined

Any complications? Epidural catheter tip

PREPARE PATIENT AND PARTNER

IV access 16G, IV fluids on pump set Consider need for Paediatrician

Sodium citrate drink
Left lateral tilt to avoid aortocaval syndrome

GA SECTION

Preoxygenate - 100% oxygen
Anticipate difficult airway and rapid desaturation
Cricoid pressure
RSI: Propofol - Suxamethonium - ET Tube

Once sux wears off paralyse with nondepolarising NMB

NEURAXIAL SECTION

Spinal 2.5ml 0.5% bupivacaine with 25mcg fentanyl or top up existing epidural (T10) to T4 for LSCS supplemental nitrous if needed 50:50 N20/O2

Give antibiotics unless contraindication
Oxytocin 5 U IV once baby out (check not twins!)
Oxytocin infusion - 40U/1000ml @ 250ml/hr

Postoperative Analgesia & DVT Prophylaxis

MANAGEMENT OF PPH

Tone - Trauma - Tissues - Thrombin

Oxytocin for all - 5 U IV once uterus empty

Oxytocin infusion 40U @ 10U/hr for 4 hrs

Fundal rub to uterus

Misoprostol 1000mcg PR

Haemabate 0.25mg IM Up to five doses, min 15 min gap between

LARGE BORE IV - WARM FLUIDS - BLOOD

CONSIDER SURGICAL OPTIONS

Pre-Eclampsia

4g MgSO4 over 15 mins, then 1g/hr IVI

Labetalol 50mg IV Hydralazine 5mg IV

NEONATAL RESUS

HR 60-100 assisted ventilation HR < 60 start CPR 3:1 Adrenaline 10mcg/kg IV (use the 1V, not 2A)

CAESAREAN SECTION

Emergency GA LSCS CHECKLIST	
CITRATE GIVEN?	
LARGE BORE IV ACCESS AND SECURED?	
FLUIDS PRELOADED?	
TABLE IN LEFT LATERAL TILT?	
PREOXYGENATED 100% O2 > 4 MINUTES?	
ETT - STYLET - BOUGIE - TAPE	
SUCTION - ETCO2 - MONITORING	
FAILED RSI PLAN DISCUSSED?	
RSI CRICOID PROPOFOL 2mg/kg SUXAMETHONIUM 1mg/kg	
ETT PLACEMENT CONFIRMED WITH ETCO2	
VOLATILE NEUROMUSCULAR BLOCKADE	0
OXYTOCIN available post-delivery	
40 UNITS / 1000ml @ 250ml/hr if needed	
NEONATAL RESUS ANTICIPATED?	

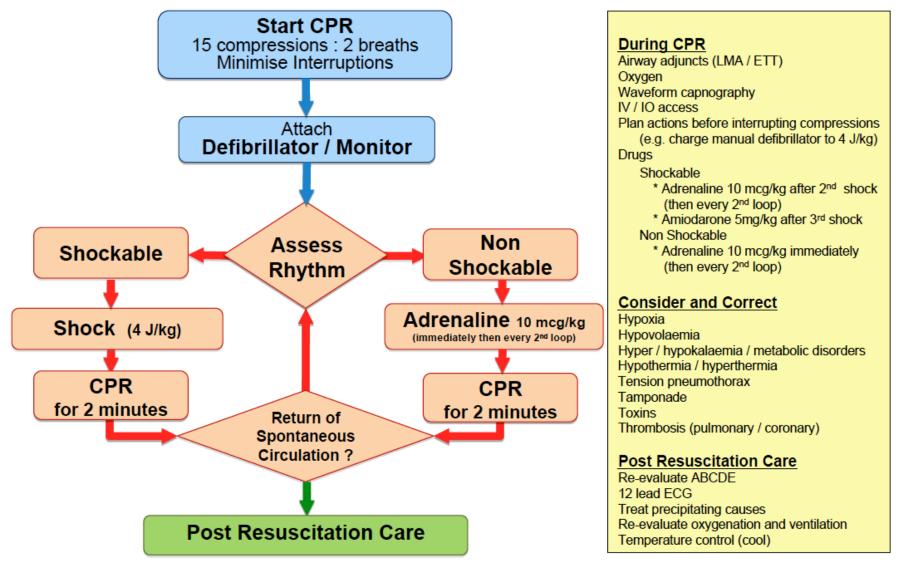
Emergency SPINAL LSCS CHECKLIST	
CITRATE GIVEN?	
LARGE BORE IV ACCESS AND SECURED?	
FLUIDS PRELOADED?	
TABLE IN LEFT LATERAL TILT?	
L4-5 INTERSPACE IDENTIFIED?	
PREP - DRAPE - GOWN - GLOVES - MASK - HAT	
ANTISEPTIC REMOVED FORM SPINAL TRAY	
LOCAL ANAESTHETIC 2% XYLOCAINE/ADRENALINE	
2.5ML BUPIVACAINE 0.5% with FENTANYL 20-25MCG	
SKIN INFILTRATION	
INTERSPINOUS LIGAMENT IDENTIFIED	
CLEAR CSF	
SWIFT INJECTION WITH BARBOTAGE	
OXYTOCIN available post-delivery	
40 UNITS / 1000ml @ 250ml/hr if needed	
NEONATAL RESUS ANTICIPATED?	

CAESAREAN SECTION



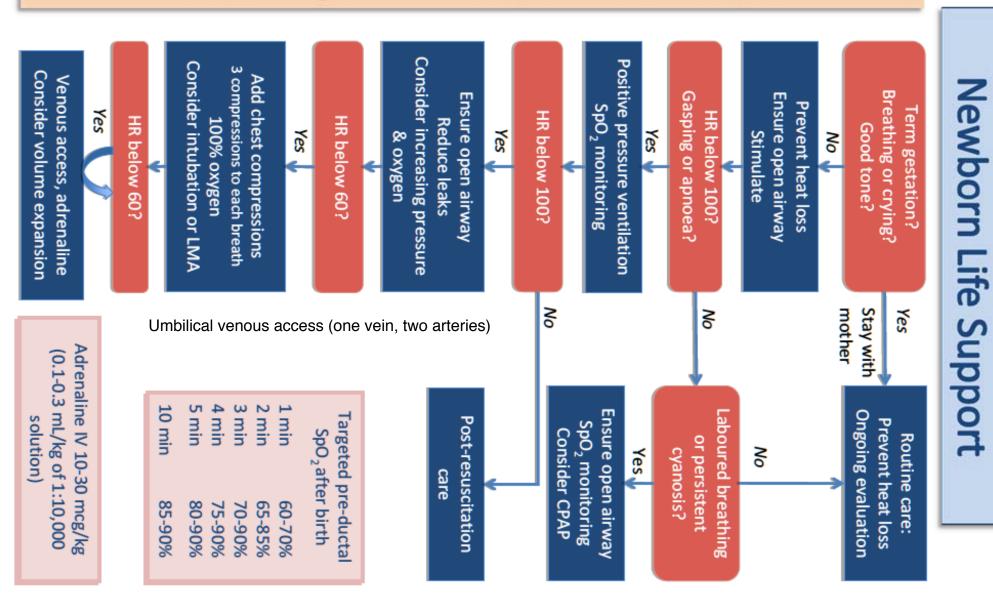
Advanced Life Support for Infants and Children





December 2010

At all stages ask: do you need help?



NEONATAL RESUSCITATION

ADENOSINE

first dose 0.05mg/kg second dose 0.10mg/kg then 0.20mg/kg GIVE VIA FAST FLUSH

ADRENALINE

IV: 0.01 mg/kg (10mcg/kg) 1/10,000 - 0.1 ml/kg IV ie. 10kg - 1ml ETT - 1/1000 - 0.1ml/kg

ADRENALINE INFUSION

0.3mg/kg in 100ml N-saline Start at 1ml/hr = 0.05mcg/kg/min Range 1-20ml/hr

AMIODARONE

5 mg/kg load infuse 0.5mg/kg/hr

ATRACURIUM

0.5mg/kg

ATROPINE

20mcg/kg IV (max 600 mcg) dilute 0.6 mg to 6 mls = 100 mcg/5 mls So give 1 ml per 5kg IV

CODEINE

1mg/kg

DEFIBRILLATION

2-4 J/kg - Biphasic

DEXTROSE

0.5 gm/kg 10% - 5 ml/kg IV 50% - 1 ml/kg IV

ETT Length

Age/2 + 12cm to teeth

ETT Diameter

>1yr - Age/4 + 4

FENTANYL

1 mcg/kg IV (0.5mcg/kg IN)

KETAMINE SEDATION

2-4 mg/kg IM 0.25 - 0.5 mg/kg IV repeat as needed

KETAMINE - ANAES

5-10 mg/kg IM 1-2 mg/kg IV repeat as needed

METARAMINOL

0.01 mg/kg IV 10mg in 20 mls=0.5 mg/ml

MIDAZOLAM

0.1 - 0.2 mg/kg IV

MORPHINE

0.1 mg/kg IV

NEOSTIGMINE

0.05 mg/kg IV

PARACETAMOL

15 mg/kg

PROPOFOL

1-3.5 mg/kg IV

REMIFENTANIL

1mg/20ml = 50 mcg per ml Run at 10mcg/kg/min

ROCURONIUM

0.6-1.2 mg/kg IV STAT 0.1 mg/kg boluses

SALBUTAMOL

Undiluted 5mg/5ml 5mcg/kg over 1 min

SUXAMETHONIUM

2 mg/kg IV, 3mg'kg neonate 4 mg/kg IM

THIOPENTONE

4 mg/kg IV

VECURONIUM

0.1 mg/kg IV

VOLUME EXPANSION

20mls/kg N/saline

WEIGHT (kg)

Infants < 12 months (age in months + 9) / 2

Children 1-5 years 2 x (age in years + 5)

Children 5-12 years 4 x age in years

EMERGENCY

Adrenaline 10mcg/kg

Atropine 20mcg/kg

Metaraminol 10mcg/kg

Propofol 2mg/kg

Sux 2mg/kg

Thio 4mg/kg

Fluids 20ml/kg

4J/kg Biphasic

PAEDIATRIC CHEAT SHEET

Adrenaline IM 1/1000

0.01ml/kg to max 0.5ml IM lateral thigh, repeat 5 minutely

Adrenaline IV 1,10,000

1mg/10ml 1/10,000 IV 10mcg (0.1ml) per kg of 1/10,000

Adrenaline Infusion

1/1,000 = 1 mg/ml 3mg in 50ml N saline 0.3mg/kg - 60mcg/ml 2mcg/min = 2ml/hr to 20mcg/min = 20ml/hr

Amiodarone

5mg/kg over 20 min can push over 2 mins central access IV

Amiodarone Infusion

600mg in 50mls 5% dextrose 0.5mg/kg/hr central access

Atracurium

0.5 mg/kg (0.3-0.6mg/kg) IV induce, then 1/3rd dose subsequently

Atropine

600mcg in 6ml NS 10-20mcg/kg kids 300-600mcg adults

Cis-atracurium

0.15mg/kg IV

Dextrose

0.5 gm/kg 10% - 5 ml/kg IV 50% - 1 ml/kg IV

Ephedrine

3-6mg bolus IV

Esmolol

0.5mg/kg 100mg/ml dilute in 10ml = 10mg/ml 100kg=50mg=5ml

ETT Length

Age/2 + 12cm to teeth

ETT Diameter

>1yr - Age/4 + 4

Fentanyl

100mcg/2ml 2-3 mcg/kg IV 0.5-1 mcg/kg intranasal

GTN Infusion

50mg in 50ml 5% dextrose 1mg/ml at 3-12ml/hr

Heparin Infusion

25,000 units in 500ml (50U/ml) 1000U/hr = 20ml/hr

Insulin IVI

50 units in 50ml 5-10 U/hr = 5-10ml/hr

Isoprenaline 1mg in 50ml 5% dextrose

Give 20mcg (1ml) then infuse at 1-4mcg/min (3-12 ml/hr)

Ketamine Induction

1-2 mg/kg IV 5-10mg/kg IM

Ketamine Sedation

0.2-0.5 mg/kg IV sedation 2-4mg/kg IM sedation

Ketamine Infusion

0.25mg/kg/hour

Ketamine/Midazolam Infusion

200mg Ketamine : 50mcg fentanyl in 50ml run @ 2-5ml/hr

Magnesium Sulphate Infusion

4 ampoules (2.47g x 4 = 9.88g) to 100ml N saline = 120ml

Load 4g (50m) over 20 mins (150ml/hr over 20 mins) then 1g/hr (12ml/hr)

Metaraminol

0.5mg bolus

Midazolam

01.-0.2 mg/kg IV

Morphine

0.1 mg/kg IV

Morphine/Midazolam Infusion

50mg each in 50ml NS 1mg/ml (1mg/10ml) at 10mcg/kg/hr = 2.5 - 15ml/hr

Naloxone

0.1 to 0.2 mg IV 2-3 minutely to desired degree of reversal

Neostigmine

005mg/kg IV

Paracetamol

20mg/kg first dose then 15mg/kg PO

Propofol

2mg/kg titrate

Remifentanil

1mg/20ml = 50 mcg per ml Run at 0.1mcg/kg/min

Rocuronium

0.6-1.2 mg/kg IV STAT
(get same intubating conditions as sux if use roc 1.2mg/kg)
0.1 mg/kg boluses thereafter

Salbutamol IV

10mcg/kg IV bolus over 10 mins

Sodium Bicarbonate 8.4%

1-2 ml/kg

Suxamethonium

1 mg/kg adult 2 mg/kg paed

Thiopentone

3-5 mg/kg

Vecuronium

0.1 mg/kg load bolus every 30m with 5-10mg vec

Vecuronium Infusion

0.1 mg/kg/hr

Volume Expansion

20mls/kg N/saline

FORMULARY

ADRENALINE 1mg/1ml amp	3mg in 50ml N/saline = 60mcg/ml	run at 2 - 20 ml/hr incr. to keep MAP > 70		
AMIODARONE 150mg/3ml amp	dilute 600mg (12ml) up to 50ml 5% DEX = 12mg/ml	run at 0.5mg/kg/hr central access	INSULIN SLIDING SCALE 50U/50ml = 1U/ml	
ESMOLOL 100mg/10ml	load 500 mcg/kg over 60secs maintain 50mcg/kg/min	100kg = 5ml (100mg/10ml) 100kg = 30ml/hr	BGL RATE mmol U/hr = ml/hr	
FENTANYL	100 mcg/2ml or 500 mcg/50ml premix	run at 0 - 100 mcg/hr	< 4 0 - STOP IVI	
GTN 50mg/10ml amp	dilute 50mg up to 50ml 5% DEX = 1mg/ml	run at 3 - 12 ml/hr titrate to BP/pain	4.1 - 9 2 9.1 - 13 3 13.1 - 17 4	
HEPARIN	25,000 U in 50ml 500 U/ml	load 5000 U IV then 2ml/hr, titrate APTT	17.1 - 28 6 > 28 8 check running	
INSULIN IVI	50U in 50ml = 1 U/ml	load 10U IV (not kids) then run @ 5-10 ml/hr	(see Sliding Scale above)	
ISOPRENALINE	1mg in 50ml 5% DEX = 20mcg/ml	1 ml bolus to response then 3-12 ml/hr		
KET/MIDAZ	200mg ketamine /50 mcg fent in 50ml	run at 2-5 ml / hr		
MgSO4 (eclampsia)	Add 4 amps (2.47g) to 100ml N/saline = 120 ml total volume (1g/12ml)	bolus 50ml (4g) over 20mins in then 1g/hr (12 ml/hr)	e : 150ml/hr for 20 mins	
MORPH/MIDAZ	50mg each to 50ml with N/saline (1mg/ml)	run 100 mcg/kg/hr (2.5-15 ml/l	nr)	
PROPOFOL	1-4 mg/kg 500mg/50ml (10mg/ml)	dose range 0.5 mg/kg/hr (use	body wt = ml/hr eg 70kg = 70ml/hr)	
REMIFENTANIL	1mg in 20ml = 50mcg/ml	run at 0.1 mcg/kg/min (100kg	run at 0.1 mcg/kg/min (100kg = 12ml/hr)	

INFUSIONS

1mg/ml reconstitute in water for injection

VECURONIUM

0.1 mg/kg/hr eg: 8mg/hr in 80kg patient

GENERAL PRINCIPLES

Use the MINIMUM VOLUME, and STRONGEST STRENGTH of drug

Use an **ATOMISER** where possible

Administer HALF to EACH NOSTRIL to maximise mucosal area

STANDARD MONITORING inc. SpO2 and supplemental O2

Warn that may **STING INITIALLY**.

Be aware will wear off so consider **ONGOING NEEDS** and method of **DELIVERY** (repeat IN, IV, oral etc)



Fentanyl 2 micrograms/kg

Ketamine 0.5 - 1mg/kg

Lignocaine 2% (topical) 5ml

SEDATION

Fentanyl 1.5 - 3 micrograms/kg

Ketamine 10 mg/kg

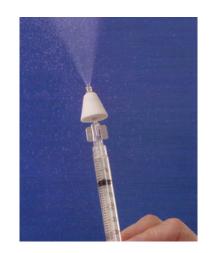
Midazolam 0.5 mg/kg

TOPICALISING THE AIRWAY

There are many different methods. Here is my preferred method for AFOI:

Use an anti-sialogogue (glycopyrrolate 0.2 - 0.4 mg IV or IM (4 - 5 mcg/kg, 4 - 8 mcg/kg in children). If require sedation then consider that your topicalisation has failed and risk inching towards a true GA!

3-5mg/kg of lignocaine (2% = 20mg/ml) administered using cannula jet opposite





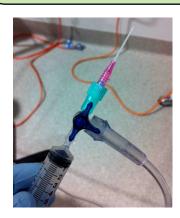
Examples of MAD (Mucosal Atomisation Devices) from PACMED

SEIZURES

Midazolam 0.2 - 0.3 mg/kg (use 10mg in adults)
Use concentrated 5mg/ml preparation

OPIATE WITHDRAWAL

Naloxone 2mg (2ml)



USE

10 ml syringe

3 way tap

20 G cannula

Oxygen flow to drive

INTRA-NASAL MEDICATIONS

CONSIDER	ANAESTHETIC RISK		
MENTAL HEALTH SAFETY/RISK	LOW thin, fit, fasted	MEDIUM ASA II - III	HIGH old, sick, difficult airway OSA etc
LOW flat, depressed, no Hx violence, low risk suicidal patient "happy" drunk thought disordered but compliant	low risk reassurance mild anxiolytic	restraint monotherapy longer acting agents 1:1 nursing	avoid drugs if possible orientation reassurance 1:1 nursing
MEDIUM intoxicated / disinhibited unpredictable delusional with poor insight anxious +++	sedation needed single agent antipsychotic (+/- benzo)	as above heavier sedation airway adjuncts to hand	airway risk non-pharmacy preferred short acting BDZ tincture of time
HIGH violence /weapons physical threats persecutory delusions around care "big guy" you whom cannot restrain	as above then ketamine sedation or RSI/ETT	as orange but delay until fasted await retrieval?	balance of minimal sedation & own airway vs GA/ETT

Olanzapine - first line oral antipsychotic; wafer 10-20mg oral, rapid onset

Quetiapine - second line oral antipsychotic; mania, behavioural-based agitation or previous use

Haloperidol - 5mg ORAL or 10mg IM to max 50mg; 5-10mg IV up to max 20mg benztropine 1-2mg IV should be available to treat acute dystonia

Midazolam - IM 5-20mg, IV 0.1-0.2mg/kg in aliquots, IN 0.2mg/kg, ORAL 0.5mg/kg flumazenil 0.2-0.5mg IV should be available if acute reversal required

Ketamine - PRE-KETAMINE SEDATION ESSENTIAL to MINIMISE DELIRIUM ie : BDZ IM 5mg/kg, IV 0.5-1.5mg/kg sedation. Ketamine infusion has been used for transport. Consider antisialogogue adjunct (atropine or glycopyrrolate)

See also: Minh le Cong et al. "Ketamine sedation for patients with acute agitation and psychiatric illness requiring aeromedical retrieval" EMJ May 2011 - ketamine sedation used to avoid RSI/ETT of red/black patients in risk matrix above

MINIMUM SEDATION MONITORING - SpO2, ECG, NIBP. Consider ETCO2 via HM. SUPPLEMENTAL OXYGEN AT ALL TIMES RFDS restraints or net, 45 degree head up to maximise SV and minimise aspiration risk. CHECK BGL!

LIAISE WITH RETRIEVAL TEAM

RAPID ASSESSMENT ACUTE AGITATION

AIRWAY?
BREATHING?
CIRCULATION
DISABILITY, DRUGS?
ENVIRONMENT, ECG
FULL BLADDER?
GLUCOSE?
HEAD INJURY?

SUGGESTED ALGORITHM

NO IV ACCESS

oral olanzapine 10-20mg stat and/or IMI midazolam 5-10mg and/or IMI ketamine 4mg/kg

IV ACCESS OBTAINED

IV midazolam 2-5mg and/or IV haloperidol 5-10mg and/or IV ketamine 1-1.5mg/kg

repeat every 5-10 mins, target RASS 0 to -3

SAFE PSYCH SEDATION MATRIX

RICHMOND AGITATION SEDATION SCALE				
Term	Description	Score		
COMBATIVE	overtly combative, violent, immediate danger to self/others	+4		
VERY AGITATED	pulls or removes tube(s), catheter(s), aggressive	+3		
AGITATED	frequent non-purposeful movement, fights ventilator	+2		
RESTLESS	anxious but movements not aggressive or vigorous	+1		
ALERT & CALM	Doctor or Nurse	0		
DROWSY	Not fully alert, but sustained awakening to voice (eyes open > 10s)	-1		
LIGHT SEDATION	briefly awakens with eye contact to voice < 10s	-2		
MODERATE SEDATION	movement or eye opening to voice but no eye contact	-3		
DEEP SEDATION	no response to voice, but movement or eye opening to physical stimulation	-4		
UNROUSABLE	no response to voice or physical stimulation	-5		

Procedure

- (i) observe patient patient is alert, restless, agitated or combative (0 to +4)
- (ii) if not alert, state patient's name and say to open eyes and look at speaker
 - -1 if awakens with sustained eye contact to voice > 10s to voice
 - -2 if awakens with eye contact to voice < 10s
 - -3 if moves or opens eyes to voice but no eye contact
- (iii) if no response to voice, use physical stimulus (shoulder shake, trapezius squeeze, jaw thrust)
 - -4 if any movement to physical stimulation
 - -5 if no response to physical stimulation

TARGET RASS is 0 to -3

AIRWAY EQUIPMENT and MONITORING must be available

1:1 NURSING, 10 minutely obs

LIAISE WITH RETRIEVAL SERVICE

RICHMOND AGITATION SEDATION SCALE

TRANSFER INFORMATION

Sometimes important details can get forgotten. I use the ABC approach to handover to retrieval team, as follows: "Thank God you're here! OK, this is John Doe age 21 involved in a motor vehicle accident with prolonged extrication and transferred via ambulance to us. He needs transfer to a trauma centre for a laparotomy for internal bleeding. In terms of summary, here's his ABC..."

A - Airway	Intubated on arrival for GCS M3V1E1 - grade I view. Airway now patent, protected with size 8.5 ETT tube 22cm teeth and tied. Cervical collar in situ.
B - Breathing	Paralysed with vecuronium and on volume control TV 600 RR 12 R sided HTX and a 34Fr intercostal catheter in place, drained 400ml blood. SpO2 96%
C - Circulation	Haemodynamically stable after 750ml crystalloid titrated to radial pulse in 250ml aliquots (permissive hypotension). HR 90 BP 74/50 Bleeding likely from HTX, abdomen and pelvis.
D - Disability/ Drugs	M3V1E1 PEARLA initially, now M1V1E1 on propofol/vecuronium infusion.
E - Exposure	R HTX drained as above. Abdomen tense and tender in LUQ, suspect splenic injury. No other injuries on log roll, pelvic binder applied. Warm blankets and Bair hugger
F - Fluids	3 x 250ml crystalloid aliquots titrated to radial pulse (SBP 70) IDC in situ and drained 300ml clear urine
G - Gut	Last ate 7pm. NG passed and on free drainage.
H - Haematology	Hb 114 on iStat, INR 1.1 No ACoTS.
I - Infusions	Not needed vasopressors On propofol and vecuronium infusions for transport
J - JVP	Not elevated - no signs tPTX/tamponade.
K - Kelvin	Temp is 36 degrees with active warming
L - Lines	14G IV R wrist 8Fr rapid infuser L ACF
M - Micro	Has been given ADT
N - Notes/NOK	His notes are in this envelope, including copies of plain X-rays NOK are aware and here are their contact details.

The above would take 90 seconds and is an ordered summary of the patient for handover.

Parallels are often drawn between anaesthesia and aviation. This is not always in a good light, with the oft-repeated comment that "giving an anaesthetic is like flying an airplane - 99% boredom and 1% sheer terror" alluding to the relative safety of anaesthesia and the infrequency of crises - but the severity of those crises if they occur demands swift action else disaster awaits. More recently, anaesthesia has borrowed concepts of crew resource management from the aviation industry, applicable in a crisis. Checklists are mandatory in aviation and are beginning to be used in the Operating Theatre to aid safety.

Interesting Parallels				
Pre-operative Evaluation	Preflight			
Anaesthetic machine & Equipment check	Aircraft and Preflight checklist			
Induction	Take off			
Deepening anaesthesia	Ascent			
Intraoperative period	Cruising altitude			
Lightening anaesthetic	Descent			
Emergence & Recovery	Landing and Taxiing			



ANESTHESIA & AVIATION

"Anaesthetics - isn't it just like flying an aeroplane, cruising along on autopilot with the real skill only needed if something goes wrong?"

If one more person tells me that giving an anaesthetic is like flying a plane, I will swing for them, I really will. Look - the whole point of a plane is that it is *designed* to fly, and if it's not working properly then you don't take it off the ground. And you certainly don't try to fly the damn thing whilst an Engineer (surgeon) is taking bits off it and doing on-the-spot repairs. Human beings, in contrast, are *not* designed to be anaesthetised, and are often not working properly when the occasion arises. They are also rather poorly provided with back-up systems and spares, and frequently have long histories of inadequate servicing.

So if giving an anaesthetic is like flying a plane, then this must be what flying a plane is like:

Captain James Bigglesworth stepped out into the thin sunlight and took a deep breath of the damp air. It was good to be alive. He was taking up a new crate today, and he relished the little knot of mixed tension and anticipation that always formed at the pit of his stomach under such circumstances. He strode briskly towards the hangar.

The Junior Engineer was waiting next to the aeroplane. He handed Biggles a single sheet of paper, on which he had scrawled a haphazard note of his work on the craft. "Is this all?" asked Biggles, "Where is the service record?"

"It seems to be lost. The filing department say it may still be at the previous airfield."

"And the manual?"

The Junior Engineer looked startled. "I don't think there is one. We thought you knew how to fly a plane."

A cloud drifted slowly across the sunny sky of Biggles' mind. He began his walk-round. "Where's this oil coming from?"

The Junior Engineer frowned seriously. "I don't know."

Biggles sighed. But he too, long ago, had once been a Junior Engineer. "Where do you think it might be coming from?"

"The engine?" hazarded the youth.

"Of course. So what's the oil level in the engine?"

"I don't know."

"Have you checked the oil level?"

"No."

Biggles could feel his voice becoming a little tight, a little cold. "So could you check it now, please?"

"But you're just going to take off. The Chief Engineer wants you to take off right away."

"Not without an oil level. And this undercarriage strut is broken. And the port aileron is jamming intermittently."

At that moment, the Chief Engineer arrived. "Biggles, old chap! Ready to take her up? Good man."

"She's not remotely airworthy. I need an oil level and some basic repairs."

The Chief Engineer sighed. "What do you want an oil level for? You know it's going to be low. We've got to get her into the air before we can control the leak. And that undercarriage and aileron aren't going to get any better while we stand here. She needs to be in flight before I can properly assess them. Come on, old chap - the tower's given us a slot in ten minutes' time. If we don't take off then, we'll be waiting all day." He eyed the plane despondently, and tapped a tyre with the toe of his boot. "And, frankly, I don't think she'll last much longer."

Biggles rippled the muscles of his square jaw. The Bigglesworths had never balked at a challenge, but this... well, there seemed to be no way out of it. He was going to have to take the old crate into the air, just as she stood. Deuced bad luck, of course, but no point in whining.

Twenty minutes later, they were aloft. The plane kept trying to fly in circles, and the engine temperature gauge was sitting firmly in the red. The Engineer was out on the cowling with a spanner. "Just turn her off for a bit," he bawled over the clattering roar of the sick engine.

Biggles was astonished. "What?"

"Turn off the engine. There's nothing I can do about this leak until the engine's stopped."

Reluctantly, Biggles turned off the engine, and trimmed the aircraft for a shallow glide. The weight of the Engineer, out there on the nose, was not helping matters at all.

Four minutes passed in eerie silence, as the treetops swam up to meet them. "I'm going to need power again soon." There was no response from the Engineer. Another thirty seconds passed. "I need power." No answer. "I'm turning on now." The engine roared, and the Engineer recoiled, cursing, in a cloud of black smoke.

"What's your game, Biggles, old man? I almost had the bally thing fixed, and now we'll need to start all over again!"

Biggles bit back an angry retort, and concentrated on guiding the crippled plane upwards. This time, now that he knew what was going on, they would start their glide from a lot higher.

After another protracted glide, the Engineer clambered back into the cockpit, beaming. "All fixed!"

Biggles tapped the oil pressure gauge. "Pressure's not coming up," he said. "It will, it will," said the Engineer breezily. "Don't be such a fusspot. Now let's get the aileron sorted." He crawled out onto the wing, and began to strike the recalcitrant aileron with a hammer.

A minute later, the plane rolled violently to the right. Biggles struggled momentarily for control, his lips dry. By crikey, they'd almost lost it completely, there. "Don't do that!" he called hoarsely to the Engineer.

"Do what?"

"Whatever you did, just then."

"I wasn't doing anything, old man."

Almost at that moment the plane lurched again, more fiercely, and rolled through forty-five degrees. "That!" screamed Biggles, fighting the controls for his very life. "Don't do that!"

"Fair enough," said the Engineer, cheerily. A minute later he did it again, and the plane was inverted for ten long seconds before a sweating Biggles regained any vestige of control.

"Fixed! Undercarriage next!" called the Engineer, and clambered out of sight below the fuselage.

Ten minutes later, Biggles caught brief sight of a set of wheels dropping away earthwards. "Couldn't save 'em," said the Engineer matter-of-factly when he regained the cockpit. "Better off without them, frankly."

"I still have very little oil pressure," said Biggles, worriedly.

The Engineer pursed his lips and tapped the pressure gauge reflectively. "Well, the leak's fixed, old man. Must be something about the way you're flying her." He reached under his seat and pulled out a parachute. "Look, I'm most frightfully sorry about this, but the nice men from Sopwith are taking me out to dinner tonight, so I've got to dash. Be a brick, Biggles old fellow, and just put her down anywhere you like. I'll cast an eye over her in the hangar tomorrow morning."

And with that, he was gone.

Biggles thought longingly of his own parachute. But he couldn't abandon the old girl now. It wasn't her fault, after all. Black, oily smoke was already billowing out of the engine cowling, however - he needed to put her down soon. He began to peer around for a flat place to land and, almost immediately, he spotted a distant grassy field.

He moved the controls a little so that he could take a closer look - it certainly looked flat enough. Oddly, someone had painted huge white letters across the level green grass - ICU, it 0.75read. He had no idea what that meant, but it seemed vaguely comforting, for some reason. The engine coughed once, and then stopped. He could see a fitful orange glow beneath the cowling. This rummy ICU field would just have to do, it seemed.

As he swung the ailing aircraft around to make his final approach, he realised that the landing field was just a little too short for comfort. He licked his lips, and prayed that there would be enough room...,







DIY Kit for topicalising the airway

Size 20 cannula (trocar removed) attached to a three way tap and also connected to O2 at 10l/min.

Inject local anaesthetic (2 or 4% xylocaine) to topicalise the nasal passages/oropharynx as a nebuliser.

Surgical Airway Kit

Size 20 scalpel
Tracheal hook (optional)
Tracheal dilators or artery forceps to dilate trachea

I also use a bougie then railroad a size 6 ETT

Novel suction apparatus

I still need to wet test this, but the idea is simple

In case of torrential bleeding/vomit, can use a swivel adaptor (bronchoscope adpator) to the end of an ETT, and attach a meconium aspirator to the suction tubing and outlet. Then can use the ETT as a sucker - once placed, if the trachea is soiled then exchange with Aintree for a fresh ETT



Intubating stylet eg: Bonfils, Levitan



AirTraq Optical Laryngoscope - cheap at \$90 each, but lose situational awareness as optical only and needs practice to place ETT



Pentax AWS Videolaryngoscope







McGrath Videolaryngoscope

Good image quality, but poor in glare, flimsy and no video out. The blade is sheathed in a disposable protective sleeve. Mid range price

C-MAC Videolaryngoscope

Like other VLs, it accelerates the learning curve of laryngoscopy as the monitor allows others to see what the intubator sees.

Playback is good for teaching

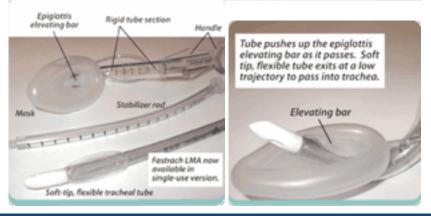
EXPENSIVE at \$15K cf KingVision

KingVision Videolaryngoscope

The dogs nuts as far as I am concerned cheap, video out to PC/monitor and easy laryngoscopy (bit of a learning curve common mistake is to advance ETT too soon)

\$800 for screen/handle and blades \$30 each





Range of ETT tips

The Parker (third form left) and FastTrach iLMA tipped ETTs are particularly suited to difficult intubation and use with VL as less likely to get 'hooked' on the right arytenoid cartilage

Worth getting a few Parker tip ETTs for difficult airways

The CombiTube

Easy obturation of oesophagus and tracheal ventilation Probably the most under used piece of kit - many hospitals don't even carry them, but easy to use

FastTrach iLMA

Allows ventilation via iLMA then blind placement of an ETT
May need Chandy maneouvre
Not always successful.
A newer VL version allows confirmation of ETT placement



Ambu Ascope 2

An affordable alternative to expensive fibreoptic systems. At \$2500 for five, this is a disposable system.

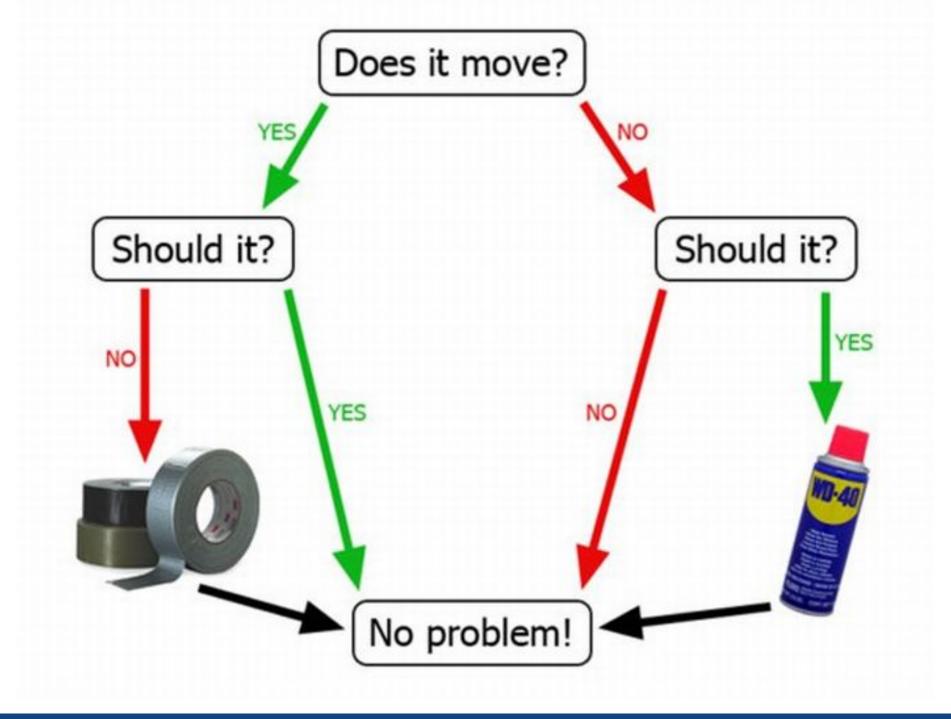
Would allow awake fibreoptic intubation (see excellent video on youtube at http://www.youtube.com/watch?v=c9pAQ3DUKVM&feature=related)

Perhaps for the rural GP it is better as a bail out tool under Plan B in DAS algorithms - can drop in the cheap Aura-i iLMAs (\$5 each) and then intubate through this with the Ascope - hence ventilating and then intubating. In the absence of this, there is NO REAL alternative option at PLAN B for the rural doctor (the FastTrach iLMA is a bit hit and miss)

It doesn't have a suction port - but even the top range fibreoptic devices have piss weak suction. It does have a 'park' for the ETT which is a neat concept and not available on the more expensive fibreoptic devices that I have played with. It also has a port to allow oxygen at 2l/min and/or to squirt local anaesthetic down to topicalise the airway.

I thin this is a 'must have' along with the KingVision VL

Would need to use occasionally on elective list or sacrifice one for training purposes. If enough rural hospitals have them, can re-cycle stock between health units (including MedSTAR) if not used.



EQUIPMENT FAILURE CHECKLIST